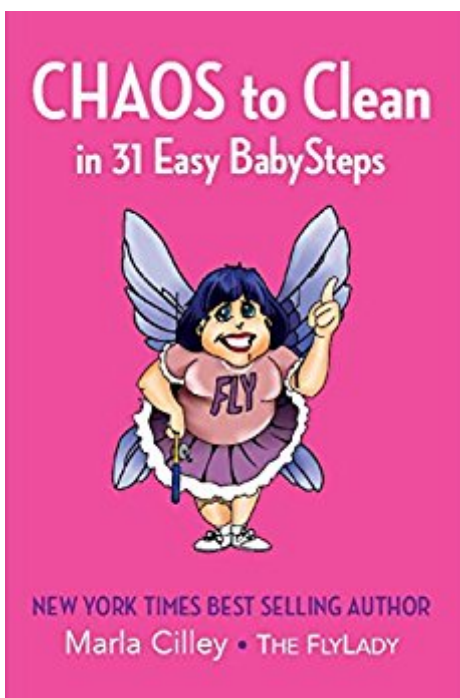


The book was found

CHAOS To Clean: In 31 Easy BabySteps



Synopsis

Whatever your level of CHAOS in your home and life, don't give up. There is a solution. Marla Cilley's book, CHAOS to Clean in 31 Easy BabySteps will take you through a 31 day program that will teach you how to live a life that is CHAOS free! Learn small BabySteps that build upon each other in order to live a clutter-free life.1. Realize the power of what you can accomplish in 15 minutes.2. Find more time to enjoy life by eliminating stress and clutter one step at a time.3. Build routines to eliminate all day cleaning sessions and make house work seem automatic.4. Use time-tested methods that help you and your family enjoy your home and each other.5. Find the free time to become what you were meant to be.

Book Information

File Size: 451 KB

Print Length: 153 pages

Publisher: FlyLady and Company, Inc (March 8, 2017)

Publication Date: March 8, 2017

Sold by:Â Digital Services LLC

Language: English

ASIN: B06XGS5CST

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #10,668 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #6 inÂ Kindle Store > Kindle eBooks > Crafts, Hobbies & Home > How-to & Home Improvements > Cleaning, Caretaking & Relocating #16 inÂ Books > Crafts, Hobbies & Home > Home Improvement & Design > How-to & Home Improvements > Cleaning, Caretaking & Relocating #51 inÂ Kindle Store > Kindle eBooks > Nonfiction > Self-Help > Motivational

Customer Reviews

I have tried the fly lady system a couple of times in the past but felt overwhelmed after awhile by the crush of emails and the increasing push to buy products. This book has the basics of the flylady system in ...gratefully...concise and manageable form so I Will try again. ...4 stars because the

majority of testimonials are from short term advocates....my problems has always been keeping going and I would find it more helpful for comments from long time users of the flylady system.

This is 31 days of sanity for those of us that are overwhelmed by life, house and clutter. But it is more than that, Marla helps you limit yourself to baby-steps! Because "want it all now" leads to more overwhelm! The FlyLady has been there and now holds your hand! FlyBaby, Fly!

I have been flying for ten years and removing the clutter from my home and head, I still find new ideas and new ways to continue flying with The Flylady. This book has continued to prove that even a veteran flybaby can still benefit greatly from this book.

Manageable steps and realistic expectations guide the reader. Good enough is, in fact, good enough. Starting with a shiny sink seems a little silly, until you realize it is the baby step that gets you going.

we all love fly lady a great way to clean one baby step at a time

Love it! Just what I was looking for! I would highly recommend this book to anyone that struggles to keep things at home in order!

It might be cheaper than sink reflections, but it is half full of letters to fly lady..... Don't waste your money either spend it on the other book or just look up the steps online.

In the past, cleaning and removing clutter from my house was a very low priority. As a result, I lived in a disaster area. Fast forward to children out of the home, recent health issues, and being homebound: I quickly learned that I want a calm, peaceful environment in which to live. This book is the essence of the FlyLady system and I am glad to see it all set out in one place. Following the suggestions in the book will add to and reinforce the habits I have been developing using her website. During the holidays my family came home and were so amazed at how clean and beautiful my living space is. I now feel house proud when I invite friends over. One friend compared my bathroom to a spa! I notice that people relax more in the calm serene space I have created. This book is invaluable in the way it provides an overview of the FlyLady system yet reminds us just to start with the first simple step, adding the next one when we are ready. The real secret? They are all

small steps! Signed, a very satisfied Fly Baby!

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